

MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES

## Behavioral Health Comparison Rates Meeting

August 12, 2022

## Agenda

Background

2023 BH Comparison Rates Updates

Upcoming Workgroups and Stakeholder Engagement

**Next Steps** 

## Background

## Behavioral Health Fee Schedule Development

The primary goal of this project is to develop a fee schedule that is based on the costs associated with the delivery of behavioral health services covered under the managed care contract. This project will also provide better insight into the current administrative costs incurred across the system. The long-term goal of this project is to develop a process to better understand future cost changes in the behavioral health system and to allow for potential updates to the fee schedule as needed. MDHHS has three key objectives for this project:

- **Clarity** MDHHS would like key stakeholders to have complete and detailed information to make the most informed decisions possible
- **Accountability** MDHHS would like to maintain the accountability of those managing and providing services in the behavioral health system
- **Sustainability** MDHHS is invested in the beneficiaries receiving health care services from its Medicaid program, especially those receiving behavioral health treatment. MDHHS wants to provide continued access and care to those in need of behavioral health services while maintaining sustainable costs into the future.

## State Direction Approaches

4

Low Range of State Direction of PIHPs

High

#### Internal Benchmarking Only

 Use comparison rates for internal CMHSP/PIHP benchmarking, without publishing

#### Publish Rates for CMHSPs/PIHPs

 Publish comparison rates for potential CMHSP/PIHP adoption, without requiring use

#### Directed Minimum Fee Schedule

 Require fee schedule adoption by CMHSPs/PIHPs via a directed "minimum fee schedule" (Preprint)

MDHHS is publishing the fee schedule comparison rates for CMHSP/PIHP potential usage

## Behavioral Health Fee Schedule Development

#### **Summary of Historical Events**

#### **Developed and Administered Data Collection Tool**

Worked with CMHSP & PIHP SMEs to develop tool

Conducted training session

Weekly Q&A sessions, and distribution of answers to FAQs

#### **Collected and Analyzed Data**

Collected data from each of the 46 CMHSPs, and from 7 regionally based PIHPs

Analyzed data to better understand drivers of cost variation, and differences in CMHSP & PIHP operations

#### **Conducted Site Visits**

19 site visits spanning all 10 regional geographic areas

Objective to capture additional information not captured in submitted data

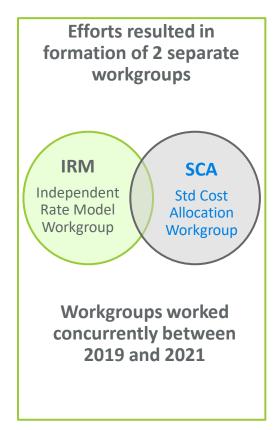
Gain better understanding of differences in reported data

Allow programs to provide additional context to reported cost data

#### **Identified Key Observations**

Identified significant differences in cost accounting and allocation methods applied in unit cost reporting by CMHSPs and PIHPs

Variation in methods make reported data difficult to compare, and difficult to use for purposes of establishing comparison rates



## Variation Across the System Motivated Model Development

SFY 2019 sub-element cost report (SECR) example illustrates the range of variability across Michigan

**H2023 – Supported Employment Services** 

Average cost (per encounter): \$7

• Cost per unit range: \$4 to \$357

• Total cost: \$39,541,080

**H2016 – Community Living Supports (daily)** 

• Average cost (per day): \$113

• Cost per unit range: \$77 to \$243

• Total cost: \$431,063,055

H0036 – Home Based Services

Average cost (per encounter): \$67

• Cost per unit range: \$29 to \$224

• Total cost: \$77,652,072

## 2023 BH Comparison Rates Updates

## Independent Rate Model Review

**Clinical Staff and Employee Transportation** Administration, Supervisor Related and Fleet Vehicle **Program Support** Salary and and Overhead **Expenses Expenses** Wages Unit Clinical Staff Expenses All other Employee-**Service** related to Direct and related Taxes operating **Indirect Time** ownership. and Fees expenses Rate maintenance Excludes Supervisor time Employee and operation of managed care Benefits, such Wage Rates vehicles administration as health Paid Time Off · Mileage paid to insurance and employees for · Ratio of Staff to retirement use of own contributions Persons Served vehicles

## Behavioral Health Comparison Rates Background

#### **2021 Comparison Rate Report**

Michigan's first behavioral health comparison rates report

Developed using extensive stakeholder engagement with MH, SUD Residential, and Autism Workgroups

Primarily relied upon publicly available data

**Policy 21-39** 

Reporting initiatives include:

Standard Cost Allocation methodology - CMHSPs

Salary and Wage Survey – all behavioral health providers (contracted and CMHSPs)

Provider expense template – all contracted behavioral health providers with over \$1 million in Medicaid expenditures (excludes CMHSPs and hospitals) 2022 Comparison Rate Report<sup>1</sup>

Behavioral health comparison rates report was built upon what was completed in 2021

The Salary and Wage Survey informed some assumptions that are included the independent rate model (e.g., wages) 2023 Comparison Rate Report

Potential refinements or additional services that may be included within next years report (to be published June 30, 2023)

Both the Salary and Wage Survey and the Provider Service Expense Template Survey will be used to refine assumptions in this report

CTFC and TIP have been added and will be developed in a similar manner as other services

Source: 1 MSA 21-39-BHDDA.pdf (michigan.gov)

## Salary and Wage Survey (Provider Survey) Overview



#### 1. Release

Posted to MDHHS website on January 28, 2022

Emailed to CMHSPs and PIHPs to distribute to their contracted providers

Online survey developed to support increased participation



#### 2. Support

Trainings – pre-recorded with release and live refresher training

Inbox and phone support

Bi-weekly FAQs posted to MDHHS website



#### 3. Close

Due on March 31, 2022

Extensions allowed to April 15, 2022

Reporting flexibilities to increase participation and reduce burden on small providers

### Provider Survey Response Overview

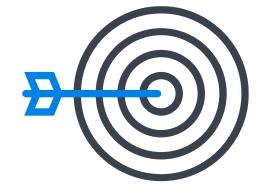
	Total Responses	Reported NPIs	Staff	Supervisors
2021 Surveys	113	162	10,891	1,075
2022 Surveys <sup>1</sup>	480	652	29,183	3,550

<sup>1.</sup> Surveys that did not contain any information are not included in the reported values

### Wage Analysis Approach

Goal: Use Provider Reported Wages to the Greatest Extent Possible

- Compile Surveys Aggregate all provider submitted surveys
- Identify ABA Staff BCBA, BCaBA, and behavior technician
- Outlier Analysis Responses that were two standard deviations above/below the median were not included
- Credibility Analysis Used Classical Credibility Theory to determine number of responses needed for full credibility
- Wage Compilation Blended provider survey wages with BLS wages using credibility weights



Only surveys where respondents listed both the number of FTEs and the average wage were used in the wage analysis.

### Wages Overview

				MEDIAN WAGE		HOURLY WAGE AMOUNTS USED IN RATE MODELS
PROVIDER	DESCRIPTION	ABA Provider	Survey Weight	PROVIDER SURVEY	BLS	50TH PERCENTILE
АН	Clinical Psychologist	N	63.8%	\$ 37.26	\$ 37.66	\$ 37.40
AE	Registered Dietitian	N	100.0%	29.83	31.95	29.83
AF	Specialty Physician	N	100.0%	133.86	-	133.86
AG	Physician	N	52.1%	130.39	-	130.39
CO	Occupational Therapist Assistant	N	48.9%	26.59	27.85	27.23
CQ	Physical Therapist Assistant	N	52.5%	29.14	27.05	28.15
HM	Less Than Bachelor's Level	Υ	100.0%	17.88	15.76	17.88
HM	Less Than Bachelor's Level	N	100.0%	15.56	15.40	15.56
HN	Bachelor's Level	Υ	63.9%	25.49	25.84	25.62
HN	Bachelor's Level	N	100.0%	24.42	27.61	24.42
НО	Master's Level	Υ	100.0%	37.22	37.66	37.22
НО	Master's Level	N	100.0%	29.80	29.91	29.80

#### **Key Takeaways:**

- Wage differentiation for ABA and MH/SUD providers
- Increase use of provider reported wages

## Wages Overview (Continued)

HOURLY WAGE AMOUNTS
USED IN RATE MODELS

#### **MEDIAN WAGE**

PROVIDER	DESCRIPTION	ABA Provider	Survey Weight	PROVIDER SURVEY	BLS	50TH PERCENTILE
HP	Doctoral Level	N	18.4%	119.56	37.66	52.72
SA	Physician Assistant	N	100.0%	64.50	54.77	64.50
TD	Registered Nurse	N	100.0%	33.83	40.41	33.83
TE	Licensed Practical Nurse	N	100.0%	29.04	28.62	29.04
WP	Trained Parent	N	100.0%	18.37	-	18.37
WQ	Independent Facilitator	N	0.0%	-	-	N/A
WR	Peer Recovery Coach	N	100.0%	18.01	-	18.01
WS	Certified Peer Specialist	N	100.0%	18.09	-	18.09
WT	Youth Peer Specialist	N	100.0%	17.10	-	17.10
WU	DD Peer Mentor	N	100.0%	15.05	-	15.05

#### **Key Takeaway:**

Independent facilitator did not have credible wage information; providers and PIHPs are encouraged to use the other rate assumptions for an Independent Facilitator and a different wage to estimate a rate

# Other BH Comparison Rates Updates

#### **Employee Related Expenses (ERE) Adjustment**

ERE Component	Value	Notes		
FICA	7.65% (6.2% social security, 1.45% Medicare)	IRS tax requirements		
FUTA	\$420 (6% of first \$7,000 in wages)	IRS tax requirements		
SUI	\$545	Stakeholder feedback		
Worker's Comp	1.1%	BLS – national compensation survey		
Health Insurance	\$7,121 (all non-HM modifiers) and \$4,010 (HM modifier)	BLS – HC and social assistance industry and healthcare exchange average		
Retirement	3.6%	BLS – HC and social assistance industry		

#### **Turnover Adjustment**

2022 BH Comparison Rates assumed a 35% turnover percentage for staff across all providers

New hire training ranged from 14 to 42 hours

2023 BH Comparison Rates included a 50% turnover percentage for staff across all providers

New hire training ranged from 20 to 60 hours

Reflects updated SFY 2022 code sets (as of July 1, 2022)

## Example 2023 BH Comparison Rate – H2015 Community Living Supports

State of Michigan Department of Health and Human Services

Behavioral Health Fee Schedule Development

**Example Independent Rate Model** 

#### Service Information

Service Code: H2015 (Model 1.1)
Service Description: Community Living Supports

Reporting Description: Comprehensive Community Support Services

Reporting Units: 15 Minutes

National Description Comp comm supp svc, 15 min

Ref.	Description	DCW	Supervisor	Total	Notes
A	Average minutes of direct time per unit	15.00			6 hours and 49 minutes of direct time per 8 hours
В	Average minutes of indirect time per unit	1.50			41 indirect minutes per 8 hours
С	Average minutes of transportation time per unit	1.10			30 transportation minutes per 8 hours    2 trips spread over 38 units per day
D	Total minutes per unit	17.60			D = A + B + C
Е	Staffing ratio	1.00			
F	Supervisor span of control		10.00		10 employees assumed to be managed by 1 supervisor
G	Supervisor time per unit		1.76		G = D/F
Н	PTO/training/conference time adjustment factor	16.9%	16.9%		Based on separate PTO build
1	Adjusted total minutes per unit	20.57	2.06		Supervisor: I = G / E * (1 + H) Clinician: I = D / E * (1 + H)
J	Hourly wage	\$ 15.56	\$ 17.56		Based on separate wage build
K	Total wages expense per unit	\$ 5.33	\$ 0.60	\$ 5.94	K = I * J / 60
L	Employee related expense (ERE) percentage	27.7%	26.0%		Based on separate ERE build
M	Total ERE expense per unit	\$ 1.48	\$ 0.16	\$ 1.63	M = K * L
N	Estimated average MPH			32.97	Urban 30 MPH    Rural 40 MPH    Frontier 50 MPH
0	Estimated miles driven per unit			0.60	O = N * C / 60 / E
Р	Federal reimbursement rate			\$0.63	
Q	Mileage reimbursement or vehicle costs per unit			\$0.38	Q = 0 * P
R	On-call expenses			\$ 0.00	No on-call expenses
S	Drug cost			\$ 0.00	No drug expenses
T	Drug administration			\$ 0.00	No drug administration expenses
U	Administration / program support / overhead			10.0%	Portion of total rate
V	Administration expenses			\$ 0.88	V = U * (K + M + Q + R + S + T) / (1 - U)
W	Rate per 15 minutes			\$8.83	W = (K + M + Q + R + S + T + V)

## Upcoming Workgroups and Stakeholder Engagement

# CTFC and TIP Project Background

- MDHHS has engaged Milliman to support the development of comparison rates for two services that are currently covered via grants or a Medicaid 1915(c) Waiver
  - Children's Therapeutic Foster Care (CTFC)
    - An intensive community-based mental health service alternative to inpatient treatment facilities (acute psychiatric hospitals, Hawthorn Center, and crisis residential centers)
    - "Provided by a team of multiple providers in a therapeutic home two to four times per week, depending on individual need" and "Includes a team of multiple providers available 24/7 while the youth receives daily services in a therapeutic home"
    - Covered only under the Waiver for Children with Serious Emotional Disturbance (SEDW)
  - Transition to Independence Process (TIP)
    - A multidisciplinary approach to work with youth and young adults during the challenging transition years into adulthood
    - Transition facilitators providing therapy and case management multiple times a week to 16 through 26year-olds
    - Service is intended to meet the unique needs of youth and young adults with the ability to be delivered across the child and adult serving systems

# CTFC and TIP Project Objectives

Children's Therapeutic Foster Care (CTFC)

#### Increase treatment options that are alternatives to inpatient care:

- CTFC has been underutilized in the state
- Increase availability and utilization of intensive, community-based CTFC
- Evaluate reimbursement alignment with intensity of the services
- Establish a Medicaid daily rate reflecting encounter-based services, nonencounter based service, and administrative costs

Transition to Independence Process (TIP)

### Encourage use of TIP as a meaningful, effective bridge between child and adult mental health services

- Transition Facilitator as a primary service with blended services occurring in the same treatment session
- Develop coding approach that addresses blend of Medicaid services and teambased services for sustainability

## CTFC and TIP Stakeholder Engagement Process to Inform Rate Development

#### Initiate provider stakeholder workgroup for each service

- Current providers
  - Lessons learned
  - Challenges
  - Suggestions
- Future providers
  - Concerns
  - Interests

#### Rate development participation

- Provide information and supporting data to inform rate development
- Review and provide feedback on draft rates and underlying assumptions

# Provider Salary and Wage Survey Updates

MDHHS will hold a meeting in August with Michigan behavioral health provider associations to review the 2022 Salary and Wage Survey and to identify potential changes to the 2023 tool

The meeting will support the following goals:

Improving the usability of the tool

Increasing the response rate of providers submitting the Salary and Wage Survey

Reducing, when possible, administrative burden

Maintaining the quality of data to support its incorporation into the BH Comparison Rates

## Next Steps

### Next Steps

PIHPs and behavioral health providers are encouraged to read the SFY 2023 BH Comparison Rates Report on the MDHHS website



#### Policy 21-39 Reporting Requirements

Overview of BH Fee Schedule Reporting Requirements (updated 03/03/22)

**Annual Behavioral Health Comparison Rate Reports** 

- SFY 2022 Michigan Behavioral Health Comparison Rate Development Report
- SFY 2023 Michigan Behavioral Health Comparison Rate Development Report
- The SFY 2023 report can be accessed by going to this link
- PIHPs and behavioral health providers can submit questions and comments about the SFY 2023 BH Comparison Rates by accessing the following feedback form: https://publicsector.questionpro.com/2023MIBHComparisonRates
- Comments and questions are due by August 31, 2022

## Thank you!